

# Practicing "Safer at Home"

Clearwater Jazz Holiday and Young Lions Program

Presented by

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1<sup>st</sup> technique:

# droning

benefits:

intonation

creativity

mental focus

ego check

scale conversance

interval exploration

timbre and color

advanced harmonic experimentation





# drones to practice with

Bb 2 minutes

Ab 1 min.

F# 1 min

E 1 min.

famous droners

Models: Coltrane, Miles, Debussy, Trombone Shorty, Ravi Shankar,  
Beck, Radiohead, Picasso, Ansel Adams

2<sup>nd</sup> technique:

# rhythmic obstacle course

benefits:

creativity

structured improvisation

independent thinking

rhythmic *accountability*

rhythmic *reliability*

2<sup>nd</sup> technique:

# rhythmic obstacle course

F pedal play along

*(this track is awkward on purpose)*





3rd technique:

improvise with triads and chords only

benefits:      historical awareness  
                         presence  
                         coherence



4<sup>th</sup> technique:

pick 4 notes (or a "cell")

benefits:

- development
- forced limitations
- clumsiness awareness



5<sup>th</sup> technique:

shape obligation

benefits:

development

forced limitations

sideways thinking

Famous shape developers

Models: Chris Potter, Ambrose Akinmusira, Rich Perry, Wayne Shorter, Miro,



build your own contribution to jazz

thank you

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Presented by

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